

**Oct.
13-14
2023**

MMS RTRT

**Capital Hills
Campus
The Summit
Church**

**Middle
School
Fall
Retreat
Information
Guide**

The middle school fall retreat is for 5th- through 8th-graders to disconnect from the usual distractions of everyday life for 24 hours, and to connect with God and with their church community.

The Basics

The middle school fall retreat is hosted at the Capital Hills campus of The Summit Church from Friday evening, October 13 through Saturday afternoon, October 14. There are two options available for students: (1) overnight or (2) day only.

Theme

Wise Up: A Brief Study Through Proverbs

Dates

Oct. 13–14, 2023

Location

The Summit Church, Capital Hills Campus
3901 Capital Hills Drive, Raleigh, NC 27616

Cost

\$50/person (\$25 for each additional sibling; \$100 max/family)

Schedule

Friday

7:00–7:30 p.m.	Check-in
7:30–9:00 p.m.	Session 1
9:00–9:40 p.m.	Snack/Life Group
9:45–10:30 p.m.	Late Night Activity
11:00 p.m.	Lights Out

Saturday

7:30–8:15 a.m.	Breakfast
8:20–8:50 a.m.	Life Group Devotions
9:00–9:30 a.m.	Session 2 - Morning Worship
9:30–11:10 a.m.	Morning Stations
11:15–11:45 a.m.	Life Group Debrief
12:00–1:00 p.m.	Lunch
1:00–3:00 p.m.	Afternoon Activities/Free Time
3:00–4:00 p.m.	Session 3
4:00 p.m.	You Are Sent!

Small Groups

All small groups will be grade/gender/campus-based, and will be led by one of our small group leaders. Our hope is to have no more than eight students per small group.

Small Group Leaders

All small group leaders will submit a background check (if not already on file). Small group leaders are usually the same leaders that your student sees each weekend.

Transportation

Other than drop-off and pick-up by parents/guardians, no transportation is necessary.

Meals Provided

- Friday night snacks (no dinner)
- Saturday morning breakfast
- Saturday afternoon lunch
- *If your student has dietary restrictions, please make a note in their registration.*

Ways For Parents/Guardians To Be Involved

There are many ways to help! Check out the volunteer registration form on the event page or follow the prompt at the end of the student registration.

Frequently Asked Questions

What will supervision look like?

Students will be supervised at all times by small group leaders, parents staying overnight, and Summit staff. Every adult serving will receive a background check.

Where will my student sleep?

Students will stay in gender-specific rooms with their small group or students from their campus. Students should bring a sleeping bag or mat to sleep on.

What if my student wants to take pictures?

We recognize that many students do not have cameras and use their phones to take pictures. If your child would like to take pictures, please either give them a camera or ask their group leader to take pictures to give them at the end of the weekend.

Packing List

- Bible
- Pen/pencil and notebook
- Sheets and blanket or sleeping bag/mat
- Pillow
- Personal hygiene toiletries (toothbrush, deodorant, etc.)
- Flashlight
- Sports clothing and tennis shoes
- Medications in their original containers (if any)
- Water bottle

****No electronics allowed***