

Bible Study Guide

Introduction:

How do you decide if you have had a good day? Week? Year? What measures do you use? Healthcare professionals use a combination of acute, prolonged, objective and subjective measures to assess health. We do well to draw from these same categories of assessment. This week, we want to measure, as small groups, our group life over the past year. The purpose of this exercise is *not to*:

- Assess your small group leader
- Award most improved or best all-around trophies
- Air grievances
- Vote off the weakest member of your tribe
- Feel over (or under) confident in anything “we” did over the past year

We want to *encourage each other* as we go into the Summer months and reflect on God’s faithfulness both in our lives, group, and church. Part of how we will reflect is through the lens of the [Summit Small Group Rhythms](#) - Bible Study (3X/month), Family Time (2X/mo.), D-Group (1X/mo.), and Missional Hangouts (3X/year at least).

This time is meant for your group. Some questions will be more beneficial than others; feel free to pick the best ones to use for your time from each section. We are not asking you to document or provide feedback on your time as a group. However, your SG team and coaches always love to hear your feedback on how your group is going!

Personal Reflection: *Spend the first 10 minutes of your time in personal reflection.*

1) Think about 1-2 ways in which God has specifically worked in your life, through your small group, since it began last Fall.

2) Think about 1-2 ways in which God has worked in your group this year.

3) Who is one person who has been a particular blessing to you in your small group? Why?

- Take time to tell them privately this week.

4) What is one passage of Scripture that has been particularly meaningful to you this year?

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5) Spend a few minutes praying. Thank God for what he has done and ask him to lead your group during this time of discussion.

Group Discussion:

6) Share the ways in which God has worked in your life, personally, this year and / or a passage of Scripture that has been meaningful to you during that time.

- This is a great question to just “go around the circle” on.

7) Share how you have seen God work in and through your group, collectively, this year.

8) Do you feel like you have grown in your faith and obedience to God this year because of your participation in this small group? Why?

9) Which Bible Study series did you benefit from the most this year? Why?

- Mark
- The Whole Story (conclusion)
- Ephesians
- Learning to FISH
- Minor Prophets

10) How many family time activities (that you remember) did your group engage in this year? Which one was your favorite?

11) Do you see your group growing into a spiritual family because of the Family Time Rhythm? Why?

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12) Share one way in which the D-Group Rhythm has helped you confess, repent, and believe the gospel this year.

13) This year our church is focusing on making disciples (both through evangelism and growing as faithful followers of Jesus). Every person in our church has been challenged to have at least one gospel conversation with a non-Christian; asking, "Who is my one?"

Who is your one? How are conversations with them going?

This Summer:

For many individuals and groups, the Summer is a dry and difficult season. More small groups "break up" and more personal and family struggles with sin arise during this Summer months than any other time of the year. Summer is a key season of the year to rest; the trouble is when resting from turns into disengaging from Jesus and his church. The point of this is not to place blame, but to make you aware.

The Summit small groups' plan for the Summer is to both rest and stay engaged with one another and Christ. We will do this through modifying our Rhythm structure between Memorial Day weekend and the end of July. Over the Summer we will continue D-Group meetings (1X/month), **Family Time** gatherings (2X/month), and **Missional Hangouts** (at least one: ServerDU, July 27-29). However, we will rest from the **Bible Study** Rhythm (although, some groups use this time as an opportunity to study something the group is interested in).

As you prepare for the Summer months, ask these questions:

14) What do you hope God does in your group this Summer?

15) What different types of Family Time activities do you want to organize?

16) Knowing this is an easier time of the year for sin to creep into our lives, what is one specific way your group can be praying for you this Summer?

Prayer:

Break into groups of 2-3 and pray. Thank God for what he has done and will continue to do at The Summit Church and in your group.